



## **SUN PROTECTION POLICY**

A Safeguarding and Welfare requirement

### **STATEMENT OF INTENT**

At Churchill Pre-School we want staff and children to enjoy the sun safely. Our intention is for staff and parents/guardians to work together to achieve this.

### **AIM**

Very young children have sensitive skin that can be easily damaged by the sun's dangerous UV rays. Children may spend a lot of their time outdoors during the summer months and at this young age; they are unable to take responsibility for their own sun protection.

Together with parents, we want to take responsibility to ensure that the children are adequately protected from the harmful effects of the sun. Although fair skinned people are more at risk from sun damage, sun protection is relevant to both fair and dark skinned children.

### **POLICY**

Our policy is to ensure children enjoy outdoor play and learning opportunities, whilst remaining safe in the sun. There are five key points to be aware of:

- 1) Stay in the shade between 11am to 3pm.
- 2) Make sure children never burn.
- 3) Always cover up - wear a t-shirt, and a hat.
- 4) Remember children burn more easily.
- 5) Then use factor 30+ or above sun cream.

### **EDUCATION OF CHILDREN**

All children will have a story time about the importance of sun protection at the beginning of the spring/summer. All children will be encouraged to help make a poster to reinforce the sun protection message. Children will be encouraged to learn the five key points to safe sun protection. All children will be taught the significance of staying safe in the sun in connection with teaching about health and being healthy.

### **PROTECTION**

- Children at our preschool will spend more time playing outside before 11.00 am and less time playing outside during the very hot time of the day.
- We actively encourage all children to wear a hat when playing outside in the warm weather. We have a supply of spare hats to give to the children who forget their own.
- All parents/guardians are asked to confirm whether they would like the setting to supply sun safe factor 50 sensitive skin sun cream for their child. If they do not wish to do this

parents/carers are asked to ensure children are wearing suitable once a day sun cream, that this is applied prior to the child/children attending Preschool and that a bottle of sun cream of factor 30 plus is available in the child's bag at all times. Parents are asked to confirm the agreement and their permission for our staff to apply sun cream, whether the child/parents/carers own or Preschool's.

- If sun cream is forgotten or it runs out, a permission form is signed by parents/guardians allowing us to use Nivea sun safe factor 50 sun cream on a child as protection from the sun is paramount.

**Policy date: 6<sup>th</sup> April 2016**

**Review date: 1<sup>st</sup> April 2017**